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# Centenarians: People Over 100: A Triumph of Will and Spirit

*Lynn Adler*

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*Lynn Adler*

**Centenarians: People Over 100: A Triumph of Will and Spirit** Lynn Adler
Centenarians (people who live to 100) are the fastest growing segment of the US population. With their feet in two centuries, this unique group is receiving considerable attention, not only as role models for the future of aging, or for holding the secrets of aging well, but also as witnesses to the entire twentieth century.

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