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Anxiety disorders are among the most prevalent mental health problems in childhood. In this timely book, an international team of psychiatrists and psychologists review the most recent theoretical and empirical developments in the field and indicate how these may inform researchers and clinicians. Following a historical introduction, chapters review conceptual and management issues, including cognitive, neurobiological, learning, and developmental processes, and peer group and family influences. Chapters include discussions on phenomenology, classification, assessment, clinical course, intervention, and outcome, as well as pharmacological and psychosocial treatment approaches. This text is an authoritative guide to the understanding and assessment of anxiety disorders in the young, and will appeal to clinicians, researchers, and to all mental health professionals involved with this age group.

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