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Sarah Felong, Rachel Felong

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If you are on a gluten-free diet, you are probably used to making excuses. How many times have you declined a delicious piece of pizza with the same excuse: No thank you, I'm on a special diet? When serving dessert to your dinner guests you must warn them: This is gluten-free. This book offers classic recipes for food that you will be proud to serve. Never again will you need to make excuses to yourself or your guests about gluten-free cuisine. If you are craving a decadent indulgence or simply want to make waffles in the morning, all you need to do is follow these simple recipes. We have worked hard to give you recipes that are reliable and that taste great. Best of all, no one would ever suspect that the food made from this book is gluten-free at all! You will love the recipes in this book because the food will taste like the real thing and not good for gluten-free . We began thinking about writing a gluten-free cookbook over seven years ago when we were diagnosed with a gluten problem. Our goal was to make food that was a good as we remembered before we were gluten-free. Our family and friends all participated in tasting our experimental baked goods. Eventually, our food was good enough to win over even the harshest critics. Although this is a gluten-free cookbook, it is not low calorie, vegan, or low-fat. Most of the recipes are traditional and contain butter, milk, cream, and sugar. Use moderation if you can! This book will serve as a guideline for your own adventure into gluten-free cooking. Follow the basic structure of the recipes, but feel free to adjust salt and seasonings to your taste. You will go through a lot of vanilla extract. We suggest that you used the amount called for in the recipes. Feel free to add your own notes and recipes into the three-ring binder. This will be your go-to book for all of your gluten-free dilemmas. Go ahead and invite gluten eaters over for a party. Serve them these gluten-free foods and listen to them ooh and ahh. They will never know the difference. Please enjoy this book and learn to love eating and cooking again!

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