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Elixirs To Inspire: The Makings of 5:1 Formulas: An Herbal E-Cigarette Guide

Anthony Canelo

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Elixirs To Inspire: The Makings of 5:1 Formulas: An Herbal E-Cigarette Guide Anthony Canelo Imagine how it would feel if you could boil garlic, ginger, turmeric, cloves, or roses in a steam room and relax inside that naturalized room all day long. Imagine how it would feel to use traditional smoking herbs, like lavender, rose, mullein, lobelia, or damiana, if you were to consume one hundred percent of their aromatic benefits without any of the unintended consequences of smoking them. What if you could vaporize your morning coffee, yerba mate, afternoon tobacco, evening espresso, green tea or chai tea, in order to feel that essential energy boost? What if plant-based herbal vapors could neutralize your cravings for unsavory foods? What if you could vaporize real herbs for real health values? What if they had all of the authentic flavors and aromas you recognize from an herb garden? It is now possible to do all of these things with the 5:1 Formulas. This book will illustrate the significance of vaporizing organic herbs. You will learn why, as an alternative, it may be our single greatest hope in combating the worlds most virulent and wide spread addiction: cigarette smoking. It will describe what the 5:1 Formulas really are and what they mean to the everyday e-cigarette user. This book also offers plenty of credible information and history on subjects ranging from big tobacco companies to ancient herbal cigarettes. I encourage you to review my sources within the bibliography. The information contained within this book has been vetted and annotated for credibility. Moreover, I have personally experienced and witnessed several of the points that I have validated in this book. After all has been said, with much left undone, direct experience is life’s greatest teacher. E-cigarettes do help to break the cigarette addiction. Herbs can help improve your life after cigarettes. You can improve your life in ways that heretofore you were not aware of. Therefore, I can say with total assurance that the information contained in this book will be useful for you if you are interested in learning more on these subjects. Herbal e-cigarettes are, in fact, a wonderful innovation. They do exactly what the herbs themselves do. If it is chamomile, you will feel relaxed. If it is coffee and cinnamon, you will feel a sweet pick-me-up. If it is rose, you will have a gentle experience. If you are looking for a book that can properly explain e-cigarettes, vaporizers, herbal medicines, health, or recovery from addiction, you have found one. Before I created the first passion flower vaporizer juice, I had difficulty relaxing. For me, multi-tasking has become a way of life. I have always thought fondly of my grandmother. When I was sick she used to boil several cloves of garlic in a pot and place a towel over my head. Then she would ask me to stand over the boiling garlic water and breathe. After ten minutes of breathing, with my lungs and throat utterly cleansed, I'd head back to bed ready to sleep like a stone in the ocean. The moment the idea to create the 5:1 Formulas arrived I knew I had to make my juices as similar to grandmothers "garlic brews" as I possibly could. Truth be told, I had thought they would never compare. However, I worked hard and sought out as much information as I could. After several months I not only succeeded in creating the first portable, battery operated "grandmothers garlic-brew", I exceeded it as well. Now all of the herbs I have worked with, experiments I have completed, and the lessons I have learned are available for you. I hope that you enjoy “Elixirs To Inspire.” Please continue to enjoy what I know to be the single healthiest alternative to smoking in the world.

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