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Get Out of Negative Relationships: Let Go of Toxic People with Hypnosis, Meditation, Relaxation, and Affirmations (The Sleep Learning System)

Joel Thielke

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**Now includes "Deep Sleep" as a Bonus Track!

Get the courage and strength you need to let go of a toxic relationship, build your confidence and sense of self-worth, and open your heart to a healthy relationship with this guided meditation and relaxation program, from certified hypnotherapist, Joel Thielke.

It's as easy as turning on the tracks and falling asleep!

The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while allowing you to access the deepest parts of your mind. With this program, put an end to toxic relationships and know that you are worthy of true love and happiness.

Two inductions give you options for each session, or listen to the entire album. It's your choice!

You'll feel well rested and energized when you wake up, and with every time you listen, you will feel stronger and ready to close the door on relationships that don't serve you anymore.

Joel Thielke's guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. While you're sleeping, the program will increase your self-confidence, and help you realize that you deserve a happy and fulfilling relationship. Heal and move forward today.

The special inductions will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see.

This Sleep Learning System album comes with two extended tracks that include the Sleep Induction and Garden Induction, guided meditation programs, and bonus music and positive subliminals, providing hours of relaxation for your listening experience.

You deserve happiness and love, so get out of toxic relationships with The Sleep Learning System.

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Kevin Jakubowski:

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Alexander Snider:

Nowadays reading books be than want or need but also work as a life style. This reading behavior give you lot of advantages. The advantages you got of course the knowledge the rest of the information inside the book that will improve your knowledge and information. The information you get based on what kind of e-book you read, if you want attract knowledge just go with training books but if you want feel happy read one having theme for entertaining including comic or novel. The actual Get Out of Negative Relationships: Let Go of Toxic People with Hypnosis, Meditation, Relaxation, and Affirmations (The Sleep Learning System) is kind of book which is giving the reader unstable experience.

Jerry Deal:

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Ira Atwood:

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