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The Heart and Soul of Midwifery

Irene Chain-Kalinowski

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The Heart and Soul of Midwifery Irene Chain-Kalinowski
The Heart and Soul of midwifery shares irene's lifelong ambition and passion for women to regain faith in childbirth and reduce the unnecessary medical interventions, that put the woman and baby at risk. "Healthy mothers make healthy babies" Irene practices in a holistic midwifery health care setting that creates healthy mothers, where medical intervention and referrals are rarely required. Where women are empowered to take charge of their health and where birthing experiences are celebrated. Irene shares her knowledge and applied anatomy and physiology to support the normal physiological process of childbirth and contraction patterns of labour to explain "what is really happening" and how applying this knowledge to practice increases the chances for normal birth. This book is a must for those entering the profession, Midwives and all health professional who come into Maternity services. The books takes you on a journey through three continents and a lifetime of midwifery experience and shares both experience and research.

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