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Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious

Dana Jacobi

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Luscious photography illustrates 40 recipes for meatless meals that require minimal effort and deliver irresistible results. Tried and tested, Meals in Minutes: Vegetarian delivers to your table in only 30 minutes, or with only 15 minutes of hands-on time. Recipes include wild mushroom risotto, eggplant parmesan, and tofu stir-fry with black bean sauce.

Other titles in the popular Meals in Minutesâ„¢ series include: *Easy Desserts, Everyday Grilling, Fast Appetizers, Fresh Salads, Hearty Soups, Make Ahead Dinners, Perfect Pasta, Simple Suppers,* and *Slow Cooker*.

TOC:

30 Minutes Start to Finish

15 Minutes Hands-On Time

Make More to Store

The Smarter Cook

The Well-Stocked Kitchen

Index

Sample recipes:

Red Pepper & Goat Cheese Frittata

Penne with Greens & Pine Nuts

Beet, Fennel & Arugula Salad

Kale & Red Bean Gumbo

Polenta Lasagna

Baked Eggplant Parmesan

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From reader reviews:

Wendy Brame:

Here thing why that Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious are different and trustworthy to be yours. First of all reading through a book is good but it really depends in the content of the usb ports which is the content is as yummy as food or not. Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious giving you information deeper and in different ways, you can find any book out there but there is no publication that similar with Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious. It gives you thrill reading journey, its open up your eyes about the thing that will happened in the world which is maybe can be happened around you. You can actually bring everywhere like in park your car, café, or even in your means home by train. For anyone who is having difficulties in bringing the printed book maybe the form of Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious in e-book can be your alternative.

Milton Jones:

Now a day people that Living in the era exactly where everything reachable by talk with the internet and the resources inside it can be true or not involve people to be aware of each facts they get. How individuals to be smart in receiving any information nowadays? Of course the solution is reading a book. Examining a book can help persons out of this uncertainty Information specifically this Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious book since this book offers you rich data and knowledge. Of course the details in this book hundred % guarantees there is no doubt in it you probably know this.

Joyce Greenberg:

Reading can called brain hangout, why? Because while you are reading a book particularly book entitled Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious your mind will drift away trough every dimension, wandering in each and every aspect that maybe not known for but surely can be your mind friends. Imaging just about every word written in a guide then become one form conclusion and explanation that will maybe you never get before. The Meals in Minutes: Easy Vegetarian: Quick, Easy & Delicious giving you a different experience more than blown away your mind but also giving you useful information for your better life within this era. So now let us demonstrate the relaxing pattern this is your body and mind are going to be pleased when you are finished looking at it, like winning a casino game. Do you want to try this extraordinary paying spare time activity?

Wendell Radford:

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