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The Try: Reclaiming the American Dream

James P. Owen

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The Try: Reclaiming the American Dream James P. Owen
What is it that separates the doers, leaders, and success stories among us from the dreamers, also-rans, and wannabes? To bestselling author James P. Owen, it's all about having The Try— the quality of giving 110 percent to the task or challenge at hand.

In *The Try*—a dozen true stories of ordinary people who've done extraordinary things across varied fields of endeavor—Owen reveals The Try as a character trait that can be forged in several ways. Some of those profiled are driven by a childhood dream or longheld ambition. Others are fueled by someone else's belief in them, an unwavering belief in themselves, or the urge to pit themselves against daunting odds. Still others find The Try in a life-changing moment when they hit rock bottom or come face-to-face with failure.

What all high achievers have in common, Owen believes, is a blend of inner drive, focus, and determination that pushes them to pursue their goals relentlessly, confronting every obstacle, and never, ever giving up. His insightful profiles bring to life new scientific evidence that effort trumps ability. In other words, how much you can achieve depends not on how smart or talented you may be, but instead on the quality of your efforts and how much you try. Owen provides inspiration that will strike a chord with anyone who has a lofty goal, a deep personal ambition, or a major challenge to face. By connecting the dots in this collection of stories, he also delivers practical "how to" advice for those who want to cultivate The Try in themselves, or to encourage someone else on the road to realizing his or her full potential. Owen's conclusion: "If you've got The Try, anything is possible. All it takes…is all you've got."

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