Google Drive



Shaker Your Plate: Of Shaker Cooks and Cooking

Sister Frances A. Carr

Download now

Click here if your download doesn"t start automatically

Shaker Your Plate: Of Shaker Cooks and Cooking

Sister Frances A. Carr

Shaker Your Plate: Of Shaker Cooks and Cooking Sister Frances A. Carr
“What is Shaker cooking?” asks Sister Frances. “Basically it is plain, wholesome food well prepared.” The timeless recipes in this book can hardly be described with more honesty than that. Few call for more than a dozen ingredients, most of which can be found in the average kitchen. The short instructions are easy to follow, and the results show that interesting and tasty food need not be complicated. Indeed, like Shaker furniture and textiles, these recipes are simple but artful.

Sister Frances has collected and perfected these recipes during her thirty years in the kitchen of the Shaker Community at Sabbathday Lake, Maine. Many of them, such as oyster stew and “Shaker fish and egg,” had been passed down over the years and were taught to her as a child. Others, such as Brother Ted’s Swedish chicken or lemon grapenut pudding, are relatively new and incorporate modern ingredients.

In addition to a wide assortment of recipes, Shaker Your Plate contains several engaging recollections by Sister Frances of Shaker cooks who played an important role in her life. There are also delightful descriptions of the Community’s dairy, orchards, and herb farm. There are suggestions for using Shaker culinary herbs and charming pen-and-ink drawings throughout.

Download Shaker Your Plate: Of Shaker Cooks and Cooking ...pdf

Read Online Shaker Your Plate: Of Shaker Cooks and Cooking ...pdf

Download and Read Free Online Shaker Your Plate: Of Shaker Cooks and Cooking Sister Frances A. Carr

---

From reader reviews:

Janie Ross:

Information is provisions for anyone to get better life, information these days can get by anyone at everywhere. The information can be a information or any news even restricted. What people must be consider when those information which is inside former life are hard to be find than now is taking seriously which one is appropriate to believe or which one typically the resource are convinced. If you get the unstable resource then you get it as your main information you will have huge disadvantage for you. All of those possibilities will not happen within you if you take Shaker Your Plate: Of Shaker Cooks and Cooking as the daily resource information.

Patrick Pierce:

Spent a free a chance to be fun activity to try and do! A lot of people spent their leisure time with their family, or all their friends. Usually they undertaking activity like watching television, about to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Will you something different to fill your own free time/ holiday? Might be reading a book can be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to test look for book, may be the e-book untitled Shaker Your Plate: Of Shaker Cooks and Cooking can be great book to read. May be it might be best activity to you.

Jon Harrill:

Your reading 6th sense will not betray an individual, why because this Shaker Your Plate: Of Shaker Cooks and Cooking publication written by well-known writer whose to say well how to make book that can be understand by anyone who else read the book. Written with good manner for you, still dripping wet every ideas and producing skill only for eliminate your own hunger then you still doubt Shaker Your Plate: Of Shaker Cooks and Cooking as good book not just by the cover but also with the content. This is one publication that can break don't judge book by its protect, so do you still needing yet another sixth sense to pick this specific!? Oh come on your studying sixth sense already said so why you have to listening to yet another sixth sense.

Marcia Marshall:

What is your hobby? Have you heard that question when you got scholars? We believe that that problem was given by teacher on their students. Many kinds of hobby, Everybody has different hobby. And you know that little person such as reading or as looking at become their hobby. You must know that reading is very important as well as book as to be the factor. Book is important thing to increase you knowledge, except your current teacher or lecturer. You see good news or update with regards to something by book. Many kinds of books that can you choose to adopt be your object. One of them is this Shaker Your Plate: Of Shaker Cooks and Cooking.

Download and Read Online Shaker Your Plate: Of Shaker Cooks and Cooking Sister Frances A. Carr #XFEUPQCK8W1

Read Shaker Your Plate: Of Shaker Cooks and Cooking by Sister Frances A. Carr for online ebook

Shaker Your Plate: Of Shaker Cooks and Cooking by Sister Frances A. Carr Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Shaker Your Plate: Of Shaker Cooks and Cooking by Sister Frances A. Carr books to read online.

Online Shaker Your Plate: Of Shaker Cooks and Cooking by Sister Frances A. Carr ebook PDF download

Shaker Your Plate: Of Shaker Cooks and Cooking by Sister Frances A. Carr Doc

Shaker Your Plate: Of Shaker Cooks and Cooking by Sister Frances A. Carr Mobipocket

Shaker Your Plate: Of Shaker Cooks and Cooking by Sister Frances A. Carr EPub