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A Clinician's Guide to Balance and Dizziness: Evaluation and Treatment

Charles M. Plishka PT DPT

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A Clinician's Guide to Balance and Dizziness: Evaluation and Treatment Charles M. Plishka PT DPT With an increasing number of referrals to treat balance impairment, gait disorders, and dizziness, ***A Clinician's Guide to Balance and Dizziness: Evaluation and Treatment*** by Dr. Charles M. Plishka looks to address these issues and provides tests, measures, and interventions that are matched to research studies when available, for evidence-based practice. It begins with a review of the anatomy and physiology of the systems used to balance. With a basic understanding of how we balance, the signs and symptoms of patients will be understood with much greater ease.

A Clinician's Guide to Balance and Dizziness enables the reader to perform a complete and thorough evaluation and helps to provide treatment options for identified deficits that place the patient at risk for falls. Along with numerous diagrams and photos, this text comes with access to a web site containing video clips that demonstrate key evaluation and treatment techniques. The result will be a better evaluation, treatment plan, and outcome.

Topics and Features Include:

- How do we balance?
- Tests to evaluate the balance-impaired patient
- Tests and interventions for conditions such as Benign Paroxysmal Positional Vertigo (BPPV), Vestibular Loss, and the central and peripheral causes of dizziness
- Therapy treatments
- "How to" instructions throughout
- Companion web site with video clips demonstrating evaluation and treatments

A Clinician's Guide to Balance and Dizziness: Evaluation and Treatment is an easy-to-use reference perfect for professionals who assess and treat balance impairments and dizziness. While it is an instructional text for physical therapy students and clinicians, it is also a great reference for established physicians, vestibular and balance therapy specialists, occupational therapists, nurse practitioners, physician assistants, audiologists, and athletic trainers.

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