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Stopping Words That Hurt: Positive Words in a World Gone Negative

Dr. Michael D. Sedler

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Words *Can* Hurt More Than Sticks and Stones--and the Wounds Can Last a Lifetime

From the evening news and our favorite television shows to friends' Facebook statuses and office gossip, hardly a day goes by that we don't come into contact with negative language. The issue is *not* whether you can avoid hurtful words but how you will respond to them.

In *Stopping Words That Hurt*, communication expert Dr. Michael D. Sedler offers groundbreaking, practical strategies for identifying, counteracting and responding graciously--and lovingly--to gossip, criticism and negative words. He will show you how to

· discern why people relay destructive gossip
· identify a negative conversation or hurtful language and counteract it?· find freedom and reconciliation with those who have spoken harm to you
· speak life-giving words, even when you don't want to

Our words can profoundly hurt--or heal. Silence in the face of negativity is not enough. Whether you are a parent, leader, teacher, spouse or friend, it's time for building one another up--and stopping words that hurt.

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Walter Godinez:

A lot of people always spent their free time to vacation as well as go to the outside with them household or their friend. Do you know? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity this is look different you can read some sort of book. It is really fun for you. If you enjoy the book which you read you can spent all day long to reading a e-book. The book Stopping Words That Hurt: Positive Words in a World Gone Negative it is very good to read. There are a lot of those who recommended this book. We were holding enjoying reading this book. Should you did not have enough space to bring this book you can buy typically the e-book. You can m0ore effortlessly to read this book out of your smart phone. The price is not too expensive but this book possesses high quality.

Robert Rascoe:

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