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Jumping Grid Workbook

Susan Salo

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Jumping Grid Workbook Susan Salo
The jumping book that trainers have been asking for! The Jumping Grid Workbook is a comprehensive reference for 20 of Susan Salo's jumping grids. The information for each grid includes an overview that explains why the grid is important and how it should be performed, how to set up the grid, jump spacing and height, use of the target, dog and handler starting positions, a detailed progression of the training stages for doing each grid with illustrations, problem solving ideas, suggestions on how much to practice the grid, proofing techniques, how to add handler motion, how to add handling (if appropriate for that grid), and grid variations (if any) that you can do. The workbook also includes six lesson plans to guide you with creating your own jumping program for a new dog, a dog having jumping problems, a dog that needs tuning up before a big competition, or a dog that just needs regular maintenance work. Since introducing her jumping program and making the DVDs, Susan has found that some dogs and handlers struggle to make the transition from foundation and advanced gridwork to adding motion and handling to their gridwork. With the addition of specific information on these subjects to each grid explanation, the Jumping Grid Workbook is designed to help people who are already familiar with the jumping program make this transition more easily. While there is introductory information on the "anatomy" of a jump, the book does not go into the same depth on Susan's jumping theory as the DVDs. Ideally the workbook is used as a supplement to Susan's DVDs, but it can also be used on its own without the DVDs.

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