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Lessons in Mastery

Tony Robbins

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2. Harness your decision-making power
3. Decode the language of emotion
4. Anticipate and prepare for major life changes
5. Commit yourself to daily improvement
6. Replace dormant resources with new assets that will improve the quality of your life
7. Empower Yourself to take the right moves at the right time

Once you realize that you can make a clean break with the past you can turn your weaknesses into strengths and transform even your wildest fantasies into exciting, new realities. You will wonder why you waited so long to experience the power of *Lessons in Mastery*.

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