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By Robin Robertson - Quick-fix Vegan: Healthy, Homestyle Meals in 30 Minutes or Less (9/13/11)

Robin Robertson

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150 quick and easy vegan recipes all made in 30 minutes or less from a well-loved, best-selling author in the vegan community. "Robertson cuts to the chase and puts together good food simply. If you were thinking of slapping together a sandwich, you may as well make one of hers, full of vibrant veggies and flavors, instead of the same old pb and j. It doesn't really take much more time... "It was a real pleasure making dishes from the book. Like everyone else, I don't have a ton of time, so quick is always good. Reading and cooking from Robertson's recipes, I admire the way her mind works. As a fellow recipe developer, I can appreciate a well-crafted recipe. These recipes are simplified, but still interesting, and follow the shortest path from point A to point B. Simple looks easy, but it takes skill to make it that way. I also appreciate the use of whole foods, like beans, nuts and seeds, and the near absence of mock meats. Just because you are in a hurry doesn't mean you have to go in for vegan bologna or burgers every night, in Robertson's kitchen." --Robin Asbell's The New Vegetarian

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A lot of people always spent their very own free time to vacation or maybe go to the outside with them household or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity here is look different you can read a book. It is really fun for yourself. If you enjoy the book which you read you can spent 24 hours a day to reading a book. The book By Robin Robertson - Quick-fix Vegan: Healthy, Homestyle Meals in 30 Minutes or Less (9/13/11) it is rather good to read. There are a lot of individuals who recommended this book. These people were enjoying reading this book. When you did not have enough space to create this book you can buy often the e-book. You can m0ore simply to read this book through your smart phone. The price is not to fund but this book has high quality.

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