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Getting the Sex You Want: Shed Your Inhibitions and Reach New Heights of Passion Together

Tammy Nelson

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A proven couples counseling method applied to sex for the very first time.

Communication problems can erode a relationship in and out of the bedroom. This guide takes a proven communication method, which has been used to counsel millions of couples, and applies it to sex for the very first time. The Imago Relationship Therapy, which was pioneered by Harville Hendrix in the national bestseller and self-help classic *Getting the Love You Want*, shows readers how to understand and build trust with their partners through a unique form of dialogue.

Getting the Sex You Want teaches readers how to build sexual communication skills quickly and connect with their partner in a new way. Readers learn exercises that enable them to communicate their sexual needs and desires, get past old issues, and revive passion in their relationship.

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