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See Jane Climb: How Competitive Stair Climbing Changed My Life

Jane Trahanovsky

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Weighing in at over 220 pounds, Jane Trahanovsky completed a competitive stair climb in 2008 and was hooked. Her passion for the sport drove her to get fit and healthy. She finished the 2011 season as one of the world's top 60 female climbers and was ranked one of the top 50 women climbers in the United States for 2014 and 2015.

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