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# The Allergy Bible: Understanding, Diagnosing, Treating Allergies and Intolerances

*Linda Gamlin, Jonathan Brostoff*

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In one form or another, allergy affects approximately one in four people in the UK with one in ten sufferers being children. The problems caused by allergic reactions range from minor irritations to life-threatening conditions. Accessible, informed, authoritative and fully updated for 2005, The Allergy Bible is the only illustrated guide to demystify the whole subject, giving the most up-to-date information in an approachable form for everyone whose life is affected by allergy.

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