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TIME TO GO! Leaving Emotional Abuse and other forms of Abusive Relationships: Your guide on how to leave your abusive spouse quickly and safely even if you have no money

Norva Semoy Abiona

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TIME TO GO! Leaving Emotional Abuse and other forms of Abusive Relationships: Your guide on how to leave your abusive spouse quickly and safely even if you have no money Norva Semoy Abiona This book is for you: Whilst some people may not know three people who are experiencing significant domestic abuse, I personally know at least one hundred individuals who have or are experiencing it. Sadly, I knew of at least five friends who have died as a result. I have experienced living through domestic violence and successfully left that environment many years ago. Now, because of that and my willingness to share my story, I have seen, heard and spoken to hundreds who are either in denial, or are content to accept abuse as part of their regular life. On the other hand I personally know many people who have left an abusive relationship and are really happy and abuse-free today. I wrote this book to help bring inspiration, information and motivation to as many more victims as I can. SYNOPSIS ABUSE – Getting to the Heart of the Matter A plague is sweeping the earth, not one of pestilence or disease but one of abuse and control. Relationship change expert, coach and inspirational speaker, Norva Semoy Abiona, holds nothing back in this courageous look at abusive relationships. She has helped individuals overcome anger, resolve conflict and restore trust and broken relationships; all in an effort to transform homes and lives. In addition, she been there, experienced it all, and is now willing to share the wealth of her information with you. Why? You might ask. Freedom! She's felt the nagging loneliness and sadness of oppression, and now dedicates her life to helping others escape the same fate. I am a Survivor Through her own harrowing experiences and the lives of countless women, stranded in the same circumstances, Norva unravels the dangers of abuse and lays out a step-by-step plan to put it behind you. Find comfort and strength in reading from a professional who has walked in your shoes and felt your pain. "The mental effect of abuse is deep reaching and can be devastating; it always has an effect on the victim." I am of Great Worth In Time to Go, the author shares more than emotional, heartfelt experiences, but also delivers statistical information and the facts, related to abuse. They are staggering and almost incomprehensible: why do women stay in these calamitous and sometimes life-threatening situations? This is a question that boggles the mind and baffles researchers, but more importantly, one that destroys lives and families. I am Deserving of Love Step-By-Step Instructions for Starting a New Life 1. Understanding the 10 major types of abuse 2. The impact of abuse on women, children and the family 3. How to identify the signs of abuse 4. The foundations of abuse: nature, nurture, narcissism… 5. How abusers control and why victims stay 6. Leaving? Survival rules and planning 7. Your most dangerous day: 8 things you must know 8. Surviving and planning financially 9. Where do you go? Have a plan 10. Be safe and learn to love life again 11. Severing ALL ties with the abuser 12. Draw strength from the lives of other victims As you may have gathered, this book is much more than a clinical or emotional dissection of an abusive relationship. It's a strategic guide to freedom. There can be no joy without the right to exercise your own will, both in an out of a relationship. If you have the desire, even a seedling of hope, the words of Norva Semoy Abiona will water that seed until it grows into an oak tree of courage and resolve. I am Willing to Reach out for Help There is no better time than the present to begin. Take the steps today to see smiles instead of tears. Put yourself on the road to recovery by downloading this valuable resource and put yourself in charge of your own life. "…without love and care we cannot survive, without love in action we miss the meaning of life." – Tina Turner Join the hundreds of people who have grasped the meaning of these words. Receive the support today, buy this book now.

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