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Maitland's Vertebral Manipulation: Management of Neuromusculoskeletal Disorders - Volume 1, 8e

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The legacy of Geoff Maitland and his seminal work, ***Vertebral Manipulation*****, continues in this eighth edition, with Elly Hengeveld and Kevin Banks leading an international team of experts who demonstrate how to manage vertebral neuromusculoskeletal disorders using the principles and practice of the Maitland Concept. Together, they ensure the heart of the Concept beats on by promoting collaborative decision-making with the patient at centre and emphasizing the art and science of observation, listening, palpation and movement skills.**

A key feature of the new edition focuses on a more evidence-based and analytical view of the role of mobilization and manipulation in clinical practice The authors have written in a way that reflects their application of the Maitland Concept and how they have integrated techniques in the light of advancement in professional knowledge. Each chapter stands alone as a ‘master class’.

The text is systematically arranged focusing on detailed assessment, clinical reasoning and re-assessment to determine the physical dysfunction and efficacy of manipulative physiotherapy techniques, while also advocating continuous communication and interaction. Techniques of passive mobilization are also described, specifically designed around the individual patient’s condition.

All the chapters are written from a clinical perspective and review the evidence which informs how to deal with and manage spinal and pelvic pain as they present to the practitioner. Furthermore, each vertebral region (cervical, thoracic, lumbar, sacroiliac/pelvic) is considered from the point of view of best practice in analysing and hypothesising subjective data, examination, treatment and management of spinal pain conditions.

Brand new to the eighth edition is the addition of a companion website - Maitland’s Manipulation eResources (www.maitlandsresources.com) - providing access to a range of valuable learning materials which include videos, MCQs, interactive case studies, research links, and bonus chapters

"This text would be an excellent resource to any practising physiotherapist or health professional dealing with spinal disorders. It would enhance the manual skills and clinical reasoning of any therapist regardless of their experience. It is concise, clear to follow and covers each spinal section extensively with evidence-based practise and thought stimulating case studies and examples throughout." **Reviewed by:** Tracy Ward, MCSP, BSc (HONS), MSc, Senior Physiotherapist and Clinical Pilates Specialist, BMI Healthcare Albyn Hospital, Aberdeen, **Date:** Oct 14

"Drawing on a wide spectrum of literature and expert guest authors to explain the reasoning behind treatment techniques this edition takes the reader on a wonderful clinical journey way beyond the Maitland concept." ***Reviewed by:*** Tobias Bremer ***Date:*** 24/07/2014

- World-leading experts provide evidence relating the Maitland Concept to clinical practice
- Evidence supporting practice
- Covers both subjective and physical examination
- Best practice management using mobilization and manipulation
- Case studies - how and when to integrate the Maitland Concept into clinical practice

- Chapter-based learning outcomes, keywords and glossaries
- Companion website - Maitland’s Manipulation eResources (http://www.maitlandsresources.com)

- Expert perspectives and supporting evidence
- Case studies
- Companion website - www.maitlandsresources.com - containing:
  - Video Bank of over 480 video clips showing examination and treatment techniques
  - Image Bank of over 1,000 illustrations
  - Interactive case studies
  - Over 200 MCQs
  - Bonus chapters on additional principles and techniques of examination / treatment
  - Weblink references to abstracts

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Betsy Haley:

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