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Stuck in Downward Dog

Chantel Guertin

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Stuck in Downward Dog Chantel Guertin
Mara Brennan is about to unravel. Three days after her 28th birthday, her boyfriend dumps her, leaving her with nothing but a basement apartment, a futon and a pile of unpaid bills. Mara realizes it’s time for an identity makeover. Navigating the dueling worlds of yoga and cosmetic surgery, gourmet dinners and Frankenberry cereal, etiquette handbooks and too-helpful loved ones, Stuck in Downward Dog is Chantel Guertin’s unforgettable comic debut about how to get unstuck when you’re caught in a rut.

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